



FLORENCE INTERNATIONAL SCHOOL
CLASS- VI
WORKSHEET NO: 9
SCIENCE

NAME:

DATE: 09/04/2020

TOPIC: FOOD AND NUTRITION

Please follow the previous link and the given link before attempting the worksheet.

https://www.youtube.com/watch?v=19BO_rbWjDk

KEYWORDS

- **Food**

The component that we consume, which provides nourishment to the body, is called food.

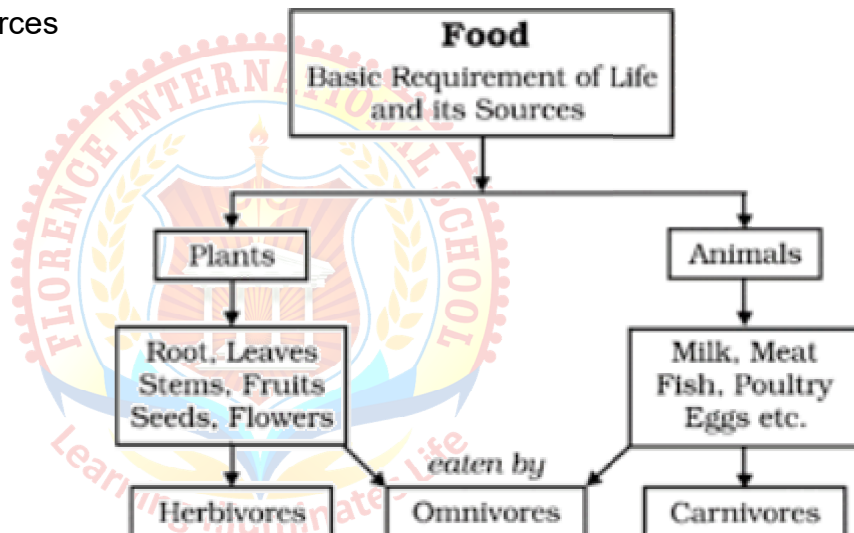
E.g., Rice, chapati, curry, fruits, vegetables, cheese, bread, milk, curd, butter, etc.

- **Ingredients**

The components or materials required to prepare a food item are called as ingredients.

E.g., different types of vegetables, spices are ingredients for sambar.

- **Food Materials and Sources**



- **Edible parts of plants**

The parts of plant which are eaten are called edible parts

Roots: beets, carrots, radishes, turnips, ginger,

Stems: broccoli stem, bamboo shoots, sugar cane, potato

Leaves: spinach, lettuce etc.

Fruits: apple, pear, tomatoes, grapes, cherries, oranges

Edible Flowers: broccoli heads, cauliflower heads

Seeds: sunflower seeds

- **Food Habits**

The method of eating or choices of food followed by living organisms is called as food habit.

E.g. a rabbit eats grass or plant-based food.

- **Herbivores**

Animals which **feed on plants** are called herbivores.

E.g., cow, goat etc.

- **Carnivores**

Animals which **feed on other animals** are called carnivores.

E.g., lion, tiger etc

- **Omnivores**

Animals which **feed on both** plants and other animals are called omnivores.

E.g., bears. They feed on flesh as well as honey

- **Scavengers**

The animals that eat flesh of dead animals. They help in cleaning the environment. Scavengers have an important role to play in the food chain. They keep an ecosystem free of the bodies of dead animals and their decaying flesh. Scavengers break down this organic material and recycle it into the ecosystem as nutrients. For Example Vultures who are scavengers, only eat the bodies of dead animals.

- **Parasites**

Small animals that depend on other animals(host) for their food are called parasites.eg.

Leech, mosquito, etc.





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Q1. Fill in the blanks:

- a) A vegetable curry has many _____.
- b) _____ consumes dead bodies of other animals.
- c) The soil and _____ of a place determine the crops, vegetables and fruits that grow best there.
- d) The fuel our body needs to keep it working is called _____.

Q2. The following ingredients are required to prepare a cake:

Wheat Flour, baking soda, milk, water, cream, sugar, eggs, sunflower oil, cherry, chocolate, salt

Segregate these ingredients into the following three groups depending on their sources:

| Plant sources | Animals Sources | Others |
|---------------|-----------------|--------|
| | | |

Q3. What are the different parts of plant with examples that can be eaten as food?

Q4. How do scavengers help to keep the environment clean?

Q5. What are parasites?

Q6. Differentiate between Herbivores, Carnivores and Omnivores. Write at least 3 points of difference.

| Herbivores | Carnivores | Omnivores |
|------------|------------|-----------|
| | | |
| | | |
| | | |

Q6. Write the different parts of the plant that can be eaten with an example of each.

Q7. Differentiate between Scavengers and Parasites.

| SCAVENGERS | PARASITES |
|------------|-----------|
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