



FLORENCE INTERNATIONAL SCHOOL
CLASS- NURSERY
WORKSHEET NO: 9
E.V.S

NAME:

DATE: 09/04/2020

Parents : Explain the children importance and reason of doing hand wash regularly.
Make your ward learn the Rhyme: https://www.youtube.com/watch?v=emy_SBGqLLA

Why Should We Wash Our Hands?

To stop the spread of germs in our family, make regular hand washing a rule for everyone. It's very important for all of us.

When Should We Wash Our Hands? Before and after eating

- After using the bathroom
- After cleaning around the house
- After touching animals, including family pets
- Before and after visiting or taking care of any sick friends or relatives
- After blowing one's nose, coughing, or sneezing
- After being outside (playing, gardening, walking the dog, etc.)

What's the Best Way to Wash Hands?

Here's how to scrub those germs away. Teach this to your kids — or better yet, wash your hands together often so they learn how important this good habit is:

- 1) **Wet your hands** with clean, running water (warm or cold). Make sure the water isn't too hot for little hands.
- 2) **Use soap** and lather up for about 30 seconds. Antibacterial soap isn't a must — any soap will do.
- 3) Make sure you **get in between your fingers**, on the backs of hands, and under the nails where germs like to hang out. And don't forget the wrists!
- 4) **Rinse and dry** well with a clean towel.

